

[FOR IMMEDIATE RELEASE]

## St. Mary's Research Centre Congratulates Dr. Mark Yaffe on McGill Lifetime Achievement Award

[Montreal, QC – December 4, 2024] St. Mary's Research Centre is proud to share that Dr. Mark Yaffe, Scientist at St. Mary's Research Centre and Professor in the Department of Family Medicine at McGill University, was recently awarded McGill University's Lifetime Achievement Award for Leadership in Learning.

McGill University's Lifetime Achievement Award for Leadership in Learning is bestowed upon individuals who have demonstrated sustained excellence in academic leadership, with a meaningful impact on both McGill's communities and beyond. As one of the highest distinctions at McGill, this award is a testament to Dr. Mark Yaffe's significant contributions to the fields of older adult care and mental health, as well as the impacts of his teaching in Family Medicine. The award was formally presented to Dr. Yaffe at McGill University's Fall Convocation ceremony on December 2, 2024.

A member of McGill University's faculty since 1980, Dr. Yaffe became known over the course of his career as a devoted and knowledgeable mentor for students in Family Medicine. He is an integral part of the Older Adult Care research domain at St. Mary's Research Centre, and has been a part of SMRC for over 30 years. SMRC is thrilled that his research accomplishments and devotion to academia are being recognized on this scale.

"I am incredibly proud that Dr. Yaffe's decades of teaching excellence and innovative approaches to research are being recognized with this well-deserved award," said Dr. Ari Meguerditchian, Scientific Director of St. Mary's Research Centre. "We are honoured to have him as such an integral part of our SMRC research family, and his work has no doubt inspired countless students over the years to pursue impactful careers in family medicine."

### About Dr. Mark Yaffe

Dr. Mark Yaffe is a Tenured Professor in the Department of Family Medicine at McGill University, a Full Scientist at St. Mary's Research Centre, and a practicing family physician at the St. Mary's Family Medicine Group. Dr. Yaffe maintains a large family practice and has received the Quebec College of Family Physicians' Awards for Excellence in the Teaching of Family Medicine, and for Distinction in the



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Health Care of the Elderly. He is also the recipient of a Lifetime Achievement in Family Medicine Research Award from the College of Family Physicians of Canada, and an early inductee into the McGill Faculty of Medicine Honour Roll for teaching excellence. In 2023, Dr. Yaffe and the DIRECT-sc research team were awarded a Seniors' Mental Health Outstanding Care and Integrative Practice Award from the Canadian Coalition for Seniors' Mental Health. Dr. Yaffe also led an interdisciplinary team that developed and validated the Elder Abuse Suspicion Index (EASI), a simple tool to assist family physicians in detecting elder abuse. The EASI has been translated into 17 languages and the World Health Organization has found it to be valid in a number of countries. Dr. Yaffe has extensively studied family caregiving, depression and patient-self-care.

### About St. Mary's Research Centre

St. Mary's Research Centre is embedded within St. Mary's Hospital Centre, an installation of the Montréal West Island Integrated University Health and Social Services Centre. We are committed to advancing healthcare through pioneering research and patient-centered practices. Our work is driven by a dedication to innovation, inclusivity, and care accessibility. We focus on shaping a healthier future that serves the diverse needs of our community, with a particular emphasis on improving patient outcomes and embracing the values of equity and inclusion. Through our research, we strive to make meaningful contributions that extend beyond the walls of our hospital, benefiting both our immediate community and the broader population.