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### [FOR IMMEDIATE RELEASE]

# SMRC's Dr. Sylvie Lambert receives Canada Research Chair for 2024-2029 term

[Montreal, QC – June 18, 2024] St. Mary's Research Centre, affiliated with McGill University, is pleased to announce that Dr. Sylvie Lambert, Scientist at SMRC and Associate Professor at McGill University's Ingram School of Nursing, has had her Tier-2 Canada Research Chair (CRC) renewed until 2029. Dr. Lambert holds the CRC in Illness Self-Management Support Interventions for Patients and Their Family Caregivers.



The Canada Research Chairs Program (CRCP) stands at the centre of a national strategy to make Canada one of the world's top countries in research and development. Chairholders improve our depth of knowledge and quality of life, strengthen Canada's international competitiveness, and help train the next generation of highly skilled people through student supervision, teaching, and the coordination of other researchers' work.

Dr. Lambert made great achievements in her first term as a CRC (2017-2023), including tripling her publications and increasing her funding 9x as principal investigator. As a renowned international researcher, she has been invited to participate in ministerial task forces, give plenaries, participate in conference symposia, and collaborate with numerous peers. The vibrant research environment she established has led to the recruitment of 49 students at all levels.

SMRC is incredibly proud to have Dr. Sylvie Lambert as one of our principal scientists for 10 years now, as she continues to drive forth excellence and innovation in her research on improving patient-centred care. Having engaged substantial funding to support this renewal, SMRC is honoured to have played a part in Dr. Lambert's career, and could not be more pleased with this news. We are eager to see the continued impacts of her work and the new advancements she will bring to the field in her second term as a Canada Research Chair.

## Background

Dr. Sylvie Lambert is an Associate Professor at the Ingram School of Nursing (ISON), McGill University, a principal scientist at St. Mary's Research Centre and a Canada Research Chair (Tier 2). Sylvie obtained her PhD from McGill University in 2008 and then completed post-doctoral studies at the University of Newcastle (Australia, 2009-2011). She then joined University of New South Wales as a National Health and Medical Research Council (NHMRC) Research Fellow. In 2013, she returned to McGill. Her teaching has focused on patient and health education as well as research methods. Her national and international standing in the area of patient education, information-seeking, caregiver research, sustainable self-management interventions, longitudinal research, and psychometrics are evidenced by high-quality









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publications, including winning several prizes for these and attracting highly competitive funding. Dr. Lambert is leading research funded by the Canadian Partnership Against Cancer (CPAC), the Canadian Institutes of Health Research (CIHR) and the Oncopole. She currently has more than 85 peer-reviewed publications and 75 conference presentations.

#### Research Focus

Drawing on a background in nursing, Dr. Sylvie Lambert is leading research focused on examining different service delivery models to improve the delivery of chronic disease self-management to patients and their families and implement routine screening of electronic patient-reported outcomes and caregiver-reported outcomes. Her research team at SMRC are also identifying how these self-management interventions can be sustained in real-world settings.

### About St. Mary's Research Centre

St. Mary's Research Centre is embedded in St. Mary's Hospital Centre, an installation of the Montréal West Island Integrated University Health and Social Services Centre. Our research spans across four domains: Cancer Care, Surgical Sciences, Primary Care & Health Systems, and Older Adult Care. We care deeply about the community of St. Mary's Hospital Centre, and this proximity is reflected through core research themes such as patient engagement, self-management, and knowledge transfer to the clinical community and wider population. We also integrate into clinical settings through family and emergency medicine, community gynecology, and oncology clinical trials. At our core, our mission is to provide accessible and innovative patient-centred care to the communities we support, through engaged and thorough research.





